

INVITATION

12 -17 JULY, 2014

15TH EUROPEAN HEART AND LUNG TRANSPLANT CHAMPIONSHIPS



*Galima dovanoti iš širdies,
galima dovanoti širdį
Give from the heart.
Give your heart.*



Gyvastis
www.donoras.lt

www.vilnius2014.lt

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VILNIUS

Vilnius is the capital of Lithuania and its largest city with a population of 537,000. Vilnius is located in the southeast part of Lithuania and is the second biggest city of the Baltic states. The first known written record of Vilnius as the Lithuanian capital is known from Gediminas' letters in 1323.

Vilnius as the capital of Lithuania is the home of the President, the Seimas, the Government and the Supreme Court. Diplomatic missions, educational, cultural, financial, research, and healthcare institutions are based here.

Vilnius Old Town, the historical centre of Vilnius, is one of the largest in Europe, at 3.6 km². The most valuable historic and cultural sites are concentrated here. The main artery, Pilies Street, links the Royal Palace with Town Hall. The buildings in the old town – there are nearly 1,500 – were built over several centuries, creating

a blend of many different architectural styles. Although Vilnius is known as a Baroque city, there are examples of Gothic (e.g. St Anne's Church), Renaissance, and other styles. Their combination is also a gateway to the historic centre of the capital. Owing to its uniqueness, the Old Town of Vilnius was inscribed on the UNESCO World Heritage List in 1994.

The Old Town is situated in a picturesque valley of two rivers – the Vilnia and the Neris, at the crossroads of trade roads, next to the ford, which was guarded by Vilnius castle in the old times.

New City Centre is located on the north side of the Neris river. This area includes modern residential and retail space, with the municipality building and the 129-metres high Europa Tower as its most prominent buildings.



TRANSPORT

HOW TO GET TO VILNIUS

BY PLANE

By air to Vilnius International Airport. The airport is connected with many European cities by flights provided by 21 airlines companies. It takes no more than three hours to fly from many European cities. The Vilnius International Airport is located just outside the centre of Vilnius. It is only 7 km far from the centre of the city. The official website: <http://www.vilnius-airport.lt/en/>.

BY FERRY

Ferries from Klaipeda goes to Kiel (Germany) 6 times per week and Karlshamn (Sweden) daily. The official website: <http://www.dfsseaways.lt>. The driving distance between Klaipeda and Vilnius is 311 km.

BY CAR

Vilnius is easily accessible by car. The following list shows driving distances from some European cities.

Amsterdam 1667 km

Berlin 1011 km

Bratislava 1136 km

London 1722 km

Paris 2033 km

Prague 1297 km

Riga 296 km

Tallinn 605 km

Vienna 1144 km

Warsaw 443 km

Speed limits for motorcars on highways from 1 April to 31 October is 130 km/h. On roads with asphalt or concrete pavement the speed limit is 90 km/h.

BY BUS

You can also choose international bus lines connecting Vilnius with some European cities (Tallin, Riga, Warsaw, Amsterdam, Berlin, etc.). Routes and schedules are available at www.eurolines.lt and www.ecolines.lt.

HOW TO GET TO THE HOTELS

Both hotels are located within walking distance from main bus and train stations. Journey from Vilnius International Airport to main Bus station is quick and inexpensive. You can choose bus, train or taxi.

BY BUS

City buses No.1 and No.2 runs from Vilnius International Airport to Bus station every 40 - 50 minutes. The timetables are available on the website: <http://stops.lt/vilnius/#bus/en>. The bus stops are called Oro uostas (airport) and Stotis (Station).

Buses are located outside the Arrival Hall of Vilnius International Airport. Tickets can be bought from the driver for 3,5 Litas (1 euro). You need to mark the paper ticket at one of the several small red metal ticket validators found on the stands in the bus or by placing it in the yellow electronic ticket validator

BY TRAIN

A special train runs from Vilnius Railway Station to the airport on a regular basis. A journey to Railway station takes only 8 minutes. Trains run approximately every 40 minutes. A railway stop, stairs, passenger lift and lighting, as well as video surveillance system for passenger safety, are installed right outside the airport's passenger terminal. A covered pedestrian walkway connects the airport's terminal to the railway stop and is lit up at night.

The timetable can be found here <http://www.litrail.lt/wps/portal>. Tickets can be purchased on the train or at Vilnius Railway Station.

BY TAXI

Next to the airport there is a taxi rank. There are always plenty of taxis there. You can also call a taxi by phone or to book a taxi at Vilnius Tourist Information Centre (Airport Arrival Hall). Taxi booking and information www.etaksi.lt. Vilnius Airport approved taxicabs accept credit cards. The mean price for ride to bus station is 10 eur (35 LTL). Taxi carriers carrying passengers from Vilnius Airport taxi rank must apply not higher rates than the following:

1 km (daytime trip, from 6 a.m. to 10 p.m.)	LTL 3.5 (EUR 1)
1 km (nighttime trip, from 10 p.m. to 6 a.m.)	LTL 4 (EUR 1.16)
1 km (at weekends and on public holidays)	LTL 4 (EUR 1.16)
1 km (outside the city)	LTL 4 (EUR 1.16)
Initial fare	LTL 5 (EUR 1.45)

If you have a suspicion, that your trip by taxi price is too high, ask the taxi driver to give you a check with route described, price. Mark the taxi car number and

address by email evaldas.matonis@vilnius.lt, kristina.mackeviciene@vilnius.lt or airport@vno.lt.

HOTELS

Both hotels are located in the Old Town, included in UNESCO list of cultural heritage and are surrounded by remarkable architectural monuments, cultural and entertainment places. Hotels are situated within 20 minutes walk between each other or 8 minutes ride by trolleybus (stops are called Stotis and Sevcenkos).

HOTEL PANORAMA

address: Sodų str. 14, Vilnius

<http://www.mikotelgroup.com/en/panorama> Location: railway station - 0,2 km, bus station - 0,2 km, shopping center - 0,2 km

CORNER HOTEL

address: Ševčenkos str. 16, Vilnius

<http://www.cornerhotel.lt/en/> Location: bus station 2 km/20 min on foot, center/old town 1,2 km/15 min on foot, Vilnius airport 5 km, public transport stop (Sevcenkos) 1 min on foot. Bus number 3G runs to Vilnius airport.

The standard double room has a double bed or two single beds. It is possible to choose your preference on the registration form. It is also possible to book a single room at a surcharge.

An additional cost is charged for use of phone, minibar, etc, payable at check out. The responsibility for unpaid charges lies with the country team. Please contact your Team manager after registration has finished if you want to stay extra nights. Team manager will have lists in which hotel the team is staying and then you'll can book extra nights in the same hotel.

RECEPTION

Participants and supporters are welcome on Saturday July 12th for the 15th European Games for Heart and Lung Transplant recipients. The participants and supporters must register in the hotel Panorama at first. At the registration, everybody gets an information package on the European games. The information package includes an accreditation, which gives access to the hotels, sports venues and transportation during the European games.

Team managers meetings will also take place in hotel Panorama.

MEALS

Hotel accommodation includes breakfast. Lunch will served in the sport event place or in the hotel. Dinner will be served in the hotel.



EXCURSIONS

1. A 3 – hour walk around Old Vilnius including tickets to the Gediminas' Castle

This walk provides visiting the most famous and spectacular objects of the Old Town, such as full of history and legends Cathedral Square, the tower of Gediminas' Castle, narrow St. Johns' and University streets, the Presidential Palace, buildings of one of the oldest in Eastern Europe Vilnius University, such masterpieces of Gothic style as the Churches of St. Bernardine and St. Ann, Vilnius Town – Hall, the distinctive Church of St. Kazimieras, mystical and miraculous Churches of Holy Trinity, Holy Spirit, St. Teresa, and the Chapel of the Gate of Dawn with its wonderworking icon of The Blessed Virgin Mary Mother of Mercy visited by Pope John Paul II. The walk starts at the place where the history of Vilnius began and finishes outside the town defensive wall which marks the Old Town boundary.

Price: 10 persons and more – 15 € for 1 person

2. A 3 – hour Old Vilnius bus tour including tickets to the Gediminas' Castle

This tour starts at the Baroc chef d'oeuvre, the Church of Sts. Peter and Paul. On the way to the New Vilnius the tourists can see the modern Vilnius Divisional Prosecutor's office, the extraordinary building of National Art Gallery, and some glass skyscrapers. Driving down related to the Soviet period Gediminas avenue, tourists get to Cathedral Square where the history, legends and attractions of the Old Vilnius begin. The Old Town tour provides visiting the Presidential Palace, the ensemble of Vilnius University, the Town-Hall, the objects of Aušros Vartų street, such as impressive Catholic and Orthodox churches and monasteries and the wonderworking icon of Our Lady of the Gate of Dawn. The tour finishes outside the defensive wall.

Price: 19 persons – 18 € for 1 person

3. A tour of Vilnius Old Town and Trakai (5-6 hours) including tickets to the Island Castle in Trakai and tasting traditional Karaite dish kybynlar

The bus tour starts in Vilnius with visiting the most famous and spectacular objects of the Old Town, such as the Church of Sts. Peter and Paul, the Presidential Palace, the ensemble of Vilnius University, the Town-

Hall, the objects of Aušros Vartų street, such as impressive Catholic and Orthodox churches and monasteries and the wonderworking icon of Our Lady of the Gate of Dawn. It continues in Trakai where the archaeological and historical exhibition of the Island Castle Museum and other places of interest are visited. Finally, tourists are welcome to a cosy restaurant to taste kybynlar with various fillings, a famous dish of Karaite culinary heritage, and other delicious Karaite dishes. The tour finishes in Vilnius.

Price: 19 persons – 35 € for 1 person

4. A tour to Aukštaitija including educational program of baking šakotis and tickets to the Lithuanian Museum of Ethnocosmology

This tour provides visiting the open-air museum of the geographical midpoint of Europe, defined in Lithuania, and also the Lithuanian Museum of Ethnocosmology, the first and the only museum of such character in the world, whose essence is to collect, accumulate, systematize, preserve, research the information on the relationship of a man and mankind with the Cosmic World and to provide it to the visitors. The tour program provides as well visiting the first in Lithuania Aukštaitija National Park and participation in baking a traditional delicacy šakotis.

Price: 19 persons – 50 € for 1 person

5. A tour to the Curonian Spit including overnight accommodation and tickets to the objects of interest

A tour to the national park of the Curonian Spit, one of the most impressive national parks in Europe, also called Lithuanian Sahara due to its unique landscape of sand- dunes, provides visiting the only Lithuanian sea-port Klaipėda and also the resorts and natural wildlife areas of the Curonian Spit. The night is to be spent in the Curonian Spit.

Price: 19 persons – 75 € for 1 person

EXCURSIONS SCHEDULE

Excursion Vilnius by foot Sunday 13th 9:00, Monday 14th 17:00, Wednesday 16th 9:00

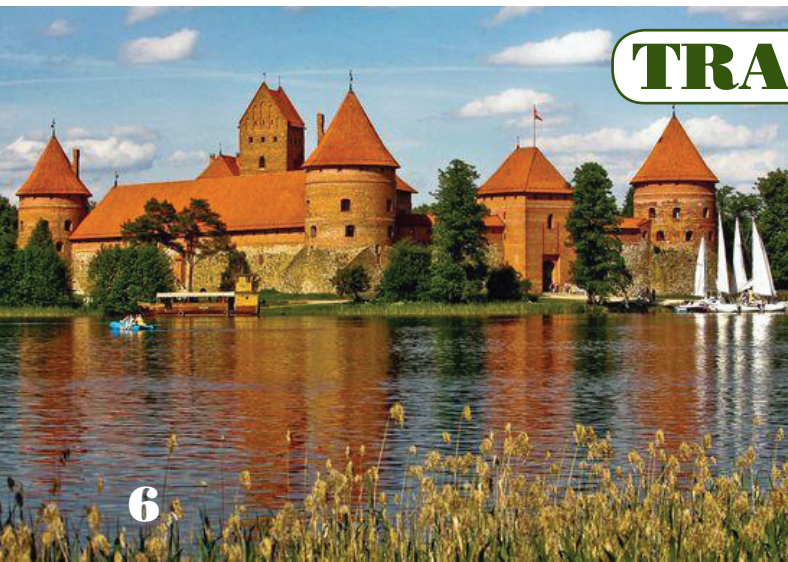
Excursion Vilnius by bus Sunday 13th 16:00, Monday 14th 16:00

Excursion to Trakai Sunday 13th 9:00, Tuesday 15th 9:00

Tour to Aukštaitija Thursday 17th, 7:00

Tour to Curonian Spit Thursday 17th, 6:00

TRAKAI





CURONIAN SPIT



AUKŠTAITIJA



USEFUL INFORMATION

CURRENCY

Lithuania has its own called Lithuanian litas (LTL). Its symbol is "Lt", that is usually after the amount e.g. "3,82 Lt". Each litas consists of 100 centas. Coins go as little as 1 centas to 5 litas, while banknotes (bills) go as from 10 litas to 500 litas. . The exchange rate: 1 eur = 3,4528 litas.

The currency exchange and ATM are located in Arrival Terminal.

TRAVEL DOCUMENTS

Lithuania is a member of European Union. You are asked to have a valid passport or official identification card.

CLIMATE

The climate of Vilnius is humid continental. The average annual temperature is 6.1 °C. in July the average temperature is 17.0 °C. In July days can be hot and nights warm more than enough to enjoy the nightlife outside. There is a chance of rain also.

SHOPPING

It is easy to find small food stores and boutiques in Vilnius Old Town. Large indoor shopping centers are located 10 – 20 min. ride by bus. The opening times of most stores are 10:00 – 20:00. Food stores (Rimi, Iki, Maxima) usually are open 7.30 – 22:00. Stores are open on Sunday also.

LANGUAGE DURING THE GAMES

English is spoken during the games. If you need interpreter contact the LOC in advance.

TRANSPORT DURING THE GAMES

The participants and supporters will be transported during the games from the hotels to the events and various sports locations in Vilnius and surroundings. Public transport stops are located close to the hotels.

There is no transport suitable for electric wheelchairs.

CIRCLE OF LIFE

Circle of life will be held on last Games' day (July 16th) on the Lukiskes Square in Vilnius.

BIKES

There is possibility to rent a bike and helmet for 15 euros. 14 bikes are available for rent. Please check it in registration form.

PRICES

Participants and supporters without accommodation have to register in order to obtain their packages. No extra packages will be sold during the Championships.

Participation and accommodation (5 nights: from 12th to 17th)	
Participants and supporters with accommodation (>18 years)	€ 530
Participants with accommodation (<18 years)	€270
Supporters with accommodation (<18 years)	€270
Participants and supporters without accommodation	€350
Accommodation in single room	€600

SPORT

Golf training	€45
Golf clubs hire	€25
Golf buggy hire (2 seats)	€12 per seat
Bike + helmet	€15

EXCURSIONS

A walk around Old Vilnius	€15
A 3 - hour Old Vilnius bus tour	€18
A tour of Vilnius Old Town and Trakai	€35
A tour to Aukštaitija	€50
A tour to the Curonian Spit	€75

REGISTRATION

You can register as a participant or supporter (partner, children or companions). Registration starts online on 1st January and finishes on 31st March. After you have entered and confirmed your details, you will receive an email to confirm your registration. This data will be sent to the relevant team manager also.

MEDICAL FORM

Please note: The medical form is intended for each transplant recipient who participates in sport competitions. The medical form may not be signed earlier than 8 weeks prior to the games. You must send the form, signed by the transplant doctor before July 1, 2014 to your team manager. Please keep a copy to bring with you to Vilnius. Participation is not allowed if the organization has not received your medical form.

PAYMENT

All individuals registrations (supporters, family, children and staff) from a member country will be returned to their National Associations (NA) and payment must be made by the NA.

The National heart and lung transplant Associations must send the full amount due before May 15, 2014 to the following account:

BANK DETAILS	
Name of account holder	Gyvastis
Currency of the account	LTL, Euros
Name of Bank	SEB bankas
Bank Address	Gedimino avenue 12, LT-01103 Vilnius, Lithuania
Account Number (EUR)	LT03 7044 0600 0149 2292
IBAN CODE	LT03 7044 0600 0149 2292
SWIFT CODE	CBVILT2XXXX

Individual participants and their supporters (family, children and staff) who are from a non member country have to pay directly to the GYVASTIS by the same dates to the account mentioned above.

TROPHIES

Following the European Rules & Regulations 2011 for the Games, various trophies will be awarded.

EHLTF Trophies: these will be awarded by the host country to the best male and female athletes of the games and are retained by the winners.

EHLTF Cups: these will be awarded to the best male and female athletes of the games, and will be held by the winners until the next Games.

Jean-Marc Charlot Trophy: this challenge trophy is awarded by the French Federation and the friends of the fondly remembered Jean Marc CHARLOT. It is awarded to the youngest medal-winning team in the volleyball competition.

VHT Cups: these cups are awarded by the Austrian Heart and Lung Transplant Association, to the best male and female lung transplant athletes of the Games.

Geoffrey Finnigan Trophy: in memory of the First Chairman of the EHLTF, this challenge trophy is awarded to the best competitor in racket sports (male or female) from the categories; Old Boys & Girls, Super Old Boys & Girls and Very Special Old Persons. (VSOP)

Vilnius Trophy: these will be awarded by the host country to the best male and female junior athlete of the Games.

For more information please check:

Website: www.vilnius2014.lt

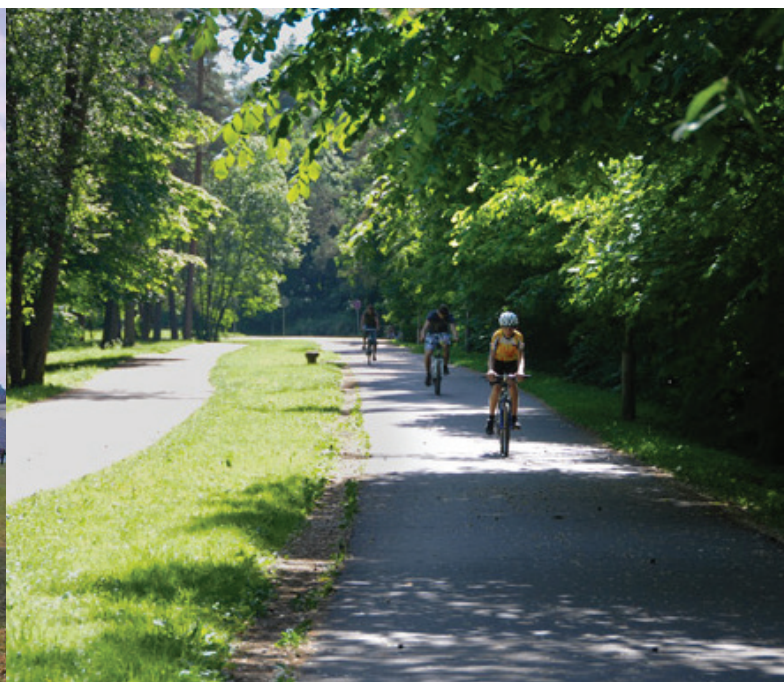
Facebook: <https://www.facebook.com/vilnius2014>

Twitter: <https://twitter.com/Vilnius2014>

Please contact us info@vilnius2014.lt

EVENTS SCHEDULE

DATE	TIME	EVENT	PLACE
12th, Saturday	17.00 20.00	Opening ceremony Dinner	Center of Vilnius city Probably in the hotel Radisson Blue Lietuva
13th, Sunday	9.00 – 14.00 9.00 – 14.00 9.00 – 14.00	Swimming Golf training Volleyball, Table tennis	Lithuanian Youth Center European Center Golf Club Sport school Tauras
14th, Monday	9.00 – 11.00 13.00 - 15.00 9.00 – 14.00	Cycling. Cross country Tennis	Vingis Park Vingis Park Bernardinai Garden Tennis Courts
15th, Tuesday	10.00 – 18.00	Athletics. Stadium	Utena (in case Vilnius' stadium will not be reconstructed in time)
16th, Wednesday	10.00 – 15.00 9.00 – 13.00 15.00-18.00 18.00 20.00	Golf competition Badminton Petanque Circle of life Gala dinner	European center golf club SEB arena Bernardinai Garden Bernardinai Garden Palace of Grand Dukes or Park BELMONTAS





Patronage
Dalia Grybauskaitė
President of the Republic of Lithuania